

## Why I Serve on the Co-op's Board of Directors

by Christopher Young

Why do I serve on the Board of Directors of People's Organic Food Co-op? That's a good question. I have two kids under two, I own a start-up business, and finding time for myself can be challenging. So why do I want to commit more of my time outside of all this?

The fact is that all of us depend not just on the community we live in, but on all of the communities around us. We can take a macro view and see the entire planet as our community while simultaneously focusing on the microcosm of our own communities. More than just words, we take action.

The Co-op enhances communities. It provides living wage careers. It provides health and dental care and a sense of dignity to work. It provides Co-op owners with access to healthy organic food. It strives to strengthen our local food system by working with our farmers, hopefully even more so in the future, and it creates a place where community can grow and be nurtured.

So why do I serve? It is because I have two beautiful daughters and I want to see our communities grow and flourish. I want to see our children grow and flourish. Being on the board is one way to help make that happen. And at the end of the day talk is cheap. So we take action.

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