

## What's New at People's?



### Grocery

**Simple Mills – Rosemary & Sea Salt Almond Flour Crackers:** Made with a blend of almond flour, sunflower seeds and flax seeds and offering 3g of protein per serving, these baked crackers can be enjoyed on their own or paired with cheeses and dips. Free of gluten, soy, corn, and dairy. **Sun-Dried Tomato & Basil and Fine Ground Sea Salt varieties new, too!**

**Simple Mills – Chocolate Muffin & Cake Almond Flour Mix:** Made with almond flour, coconut flour and coconut this flour blend can be made into muffins, a cake or brownies. Made with unsweetened cocoa. Free of gluten, soy, corn, and dairy. **Vanilla Cupcake & Cake Almond Flour Mix new, too!**

**Chickapea – Organic Chickpea and Lentil Pasta:** Chickapea is a delicious pasta made from just 2 ingredients, organic chickpeas and lentils. It's absolutely delicious and provides 27 grams of plant-based protein, 13 grams of fiber per serving. **Available in Penne, Spirals, and Shells varieties.**

**Cascadian Farms – Organic Fruit Infused Granola Bars:** A chewy oat granola bar in fruit-forward flavors including Wild Blueberry Lemon and Cherry Almond. Bursting with bold colors and flavors, each bar serves up 10 grams of whole grain.

**Lillabee – Grain Free Salted Caramel Brownie Thins:** Crafted with organic ingredients and superfoods, these thin and crispy treats are sweetened with coconut sugar and maple syrup and are high in protein to satisfy your cravings. **Classic Chocolate and Chocolate Mint Brownie Thins new, too!**

**Siren – Cookie Dough Protein Bites:** No need to sneak it raw or lick the bowl. Your sweet, cookie dough dreams have finally been answered with gluten-free ingredients and supercharged with plant-based protein. Free of dairy, grains, and soy. **Dark Chocolate Brownie and Lemon Poppy seed Protein Bites new, too!**

**From the Ground Up – Cauliflower Pretzels:** These tasty vegan and gluten-free pretzels have the nutritional equivalent to a serving of vegetables, ounce per ounce. **Available in Twist and Stick varieties.**

### Perishables

**Health-Ade – Organic Pomegranate Kombucha:** Cold-pressed pomegranate juice meets nutrient-rich Kombucha for a delicious treat. Trust us, if you like Kombucha, this is sure to be one of your new go-to's! **Organic Jalapeño-Kiwi-Cucumber Kombucha new, too!**

**Green Girl Bake Shop – Organic Plant-Based Vanilla Bean Ice Cream Sandwich:** Organic vanilla beans give this vegan ice cream an aromatic, sophisticated flavor that grown-ups will love as much as the littlest kids do. Featuring a gluten-free sandwich cookie. **Reishi Chocolate, Cardamom, and Fresh Mint Chip varieties new, too!**

**Vixen Kitchen – Organic Midnight Mint Paleo Vegan Gelato:** This lip licking gelato has just the right amount of decadent deep chocolate and the slightest bit of mint to kick your taste buds into high gear. Free of gluten and soy. **Coffee Cream Dream, Naked Vanilla, and Naked Chocolate varieties new, too!**

**Kite Hill – Mushroom Ricotta Ravioli:** Made from a blend of Kite Hill's award-winning dairy-free, almond milk ricotta with shiitake and portabella mushrooms that fill pillows of egg-free pasta.

**Fink's Fermented Foods – Sauerkraut:** Made locally with organic ingredients including purple cabbage, purple beets, carrots, ginger, garlic, sesame seeds, and pink Himalayan Sea salt. **Artisanal Sauerkraut and Kimchi new, too!**

### Body Care

**Pacha Soap Co. – French Lavender Whipped Soap + Scrub:** Hand-crafted with a combination of creamy whipped soap and a blend of natural exfoliants to create the perfect addition to your daily routine.

**Booda Organics – Booda Butter Cream Deodorant:** This gentle formula works by creating an alkaline environment that naturally reduces odor-causing bacteria resulting in a fresh, clean feeling that lasts all day!

## Body Care & Wellness

Plant Life - No Further Discount

### All Plant Life Products 15% Off

Includes lotions, bar soaps, body oil, bath salts, bath accessories, and more!

ZuZu Luxe - No Further Discount

### All ZuZu Luxe Products 20% Off

Includes eyeliners, eyeshadows, lipsticks, mascaras, and more!

Humphrey's - No Further Discount

### Witch Hazel 15% Off

Organic and non-organic varieties

iWi - No Further Discount

### All iWi Products 20% Off

Highest bioavailability - 100% vegan- Full traceability. Includes Algae Based DHA, Omega-3, & Omega-3 Daily Support.

Probulin - No Further Discount

### All Probulin Products 10% Off

Includes Daily Care, Colon Support, Women's Health, P-Pak, and Daily Digestive Enzymes.

Sun Warrior - No Further Discount

### All Sun Warrior Products 10% Off

Includes Warrior Blend Protein, Sol Good Protein Bars, and more!

## Household & General Merchandise

If You Care

### Paper Snack & Sandwich Bags 48 ct. \$3.99

Uncoated, grease proof.

reg. 4.99

Biokleen

### Laundry Liquid 64 oz. \$9.99

reg. 12.99

Assorted varieties

Seventh Generation

### Disinfecting Wipes 70 count \$6.99

reg. 8.49

Suitable for use on all hard, nonporous surfaces.

Suncraft

### Paring Knife each \$13.55

reg. 15.95

This knife has a stainless steel blade and a solid teak handle and sheath.

To-Go Ware

### Snack Stack each \$15.25

reg. 17.95

Two-tiered - 2 cup capacity per tier. Made from stainless steel. Oven safe.

Onyx & Blue

### Bamboo Ruler each \$3.95

reg. 4.95

**Deli/Bakery**

**Peanut Pasta Salad**

**\$7.49** per pound reg. 8.49

**Deli items feature Organic ingredients**

**Chocolate Chip  
Walnut Cookies**

**\$7.99** per pound reg. 8.49

**Bulk**

**International Dried Foods**

**Organic Dried Mango**

**\$9.99** per pound

reg. 11.99 **You Save \$2**

**Thompson Raisins**

**\$2.99** per pound **Organic!**

reg. 3.69 **You Save .70**

**Organic Walnut Halves**

**\$10.99** per pound

reg. 11.99 **You Save \$1**

**Regular Rolled Oats**

**99¢** per pound **Organic!**

reg. 1.35 **You Save .36**

**French Vanilla Almond Granola**

**\$3.99** per pound **Organic!**

reg. 4.99 **You Save \$1**

**Grocery**

**Larabar**

**Organic Superfood Bar**

Assorted varieties

**\$1.25** 16 oz.

reg. 2.19 **You Save .94**



**Gimme**

**Organic Seaweed Snacks**

Assorted varieties

**2 for \$3** .35 oz.

reg. \$1.99 each **You Save .49 each**

**Barnana**

**Organic Plantain Chips**

Assorted varieties

**2 for \$7** 5 oz.

reg. 4.59 each **You Save \$1.09 each**



**Napa Valley**

**Organic Olive Oil**

Extra virgin

**\$9.99** 25.4 oz.

reg. 13.99 **You Save \$4**



**Maya Kaimal**

**Organic Dal**

Assorted varieties

**2 for \$6** 10 oz.

reg. 4.25 each **You Save \$1.25 each**

**Waterloo**

**Sparkling Water**

Assorted varieties

**\$4.49** 12/12 oz.

reg. 6.25 **You Save \$1.76**



**Perishables**

**Alden's Organic**

**Organic Ice Cream**

All varieties

**\$6.49** 1.5 quar

reg. 7.79 **You Save \$1.30**



**Luna & Larry's - Organic!**

**Coconut Bliss**

All varieties

**\$4.99** pint

reg. 6.49 **You Save \$1.50**



**Kevita**

**Organic Sparkling Probiotic Drink**

All varieties

**\$2.50** 15.2 oz.

reg. 3.49 **You Save .99**



**Forager - Organic!**

**Cashewgurt**

Plain, Vanilla

**\$4.49** 24 oz.

reg. 6.59 **You Save \$2.10**



**Alvarado Street Bakery**

**Sprouted Bread**

Loaves, Bagels

Made with Organic ingredients

**\$2.99** 20 - 24 oz.

reg. 3.99 **You Save \$1**



**Prices on Sales  
While Supplies Last**

# September 16 - 30

coop™ deals

## Deli/Bakery

### Tempeh Cutlets

**\$7.49** per pound reg. 8.49

Deli items feature Organic ingredients

### Tapioca

**\$4.49** per pound reg. 4.99

## Bulk

Equal Exchange - Organic & Fair Trade

### Breakfast Blend Coffee

Medium Roast

**\$9.99** per pound

reg. 12.49 You Save \$2.50

### Garbanzo Beans

Organic!

**\$2.29** per pound

reg. 2.79 You Save .50

### Shredded Coconut

Organic!

**\$1.99** per pound

reg. 3.35 You Save \$1.36

### Green Split Peas

Organic!

**\$1.49** per pound

reg. 1.85 You Save .36

### Roasted No Salt Cashews

Organic!

**\$12.99** per pound

reg. 14.99 You Save \$2

## Grocery

Made Good

### Organic Crispy Squares

Assorted varieties

**\$2.79** 4.68 oz.

reg. 3.59 You Save .80



Lesser Evil

### Organic Paleo Puffs

Assorted varieties

**2 for \$7** 5 oz.

reg. \$4.79 each You Save \$1.29 each



Milkadamia

### Macadamia Milk

Assorted varieties

**\$3.99** 32 oz.

reg. 5.19 You Save \$1.20



Newman's Own

### Organic Pretzels

Salted Stick, Spelt, Thin

**2 for \$5** 7 - 8 oz.

reg. 3.39 each You Save .89

Topo Chico

### Mineral Water

Assorted varieties

**4 for \$4** 12 oz.

reg. 1.25 each You Save .25 each



Annie's Homegrown - Organic!

### Mac & Cheese

Assorted varieties

**3 for \$5** 6 oz.

reg. 2.95 each You Save .45 each



## Perishables

Health-Ade

### Organic Kombucha

All varieties

**\$3** 16 oz.

reg. 4.99 You Save \$1.99



Harmless Harvest - Organic!

### Coconut Water

All varieties

**\$2.29 - \$7.99**

reg. 3.19 - 10.99 8.75 - 32 oz. You Save .90 - \$3

Nancy's Springfield Creamery

### 100% Grass-Fed

### Whole Milk Yogurt

All varieties

Organic!

**\$1.50** 6 oz.

reg. 1.89 You Save .39

Organic Valley

### Organic Eggs

Extra Large Brown, Large Brown Omega-3

**\$5.49** dozen

reg. 5.89 - 6.25 You Save .40 - .76



Wallaby

### Organic

### Greek Yogurt

All varieties

**\$5.99** 32 oz.

reg. 6.99 You Save \$1



Prices on Sales  
While Supplies Last