

## What's New at People's?



### More Ways to Save with Co+op Basics

Looking to stretch your grocery budget? So are we! That's why we're pleased to offer People's "Co+op Basics" program. Co+op Basics offers everyday low prices on many popular grocery and household items. From peanut butter to beans and tomato sauce to olive oil, you'll find value-priced brands as well as low prices on some of your everyday favorites. For savings on Co+op Basics products, look for the purple and white Co+op Basics sign!



#### Grocery

**Render – Organic Almond Rosemary State Bird Crunch:** A savory, crunchy, delicious snack made from puffed quinoa, seeds, almonds and herbs. Eat it on its own or as a crispy, tasty topping to any dish. **Organic Sea Salt and Organic Furikake varieties new, too!**

**Daiya – Dairy-free Bac'n & Cheddar Style Deluxe Cheesy Mac:** Prepare to be amazed by this plant-based combination of comfort food classics. Velvety cheddar style sauce, gluten-free pasta, savory vegan bacon. The convenient squeeze pouch means more time feasting and less time prepping!

**La Tourangelle – Organic Citrus Chipotle Vinaigrette with Virgin Avocado Oil:** A tangy and smoky vinaigrette that will bring the heat to your salads, tacos, burritos and sandwiches. **Organic Sesame with Toasted Sesame Oil and Organic Classic Balsamic with Extra Virgin Olive Oil varieties new, too!**

**Primal Kitchen – Organic Unsweetened Ketchup:** A classic condiment, packed in glass bottles and free of the added sugar (not even dates, honey, or maple syrup). **Organic Unsweetened Spicy Ketchup new, too!**

#### Perishables

**COYO – Organic Dairy-free Probiotic Mango Coconut Kefir:** Made with healthy coconut fats and essential plant-based probiotics, your daily health routine is about to be turned upside down in the tastiest way possible. **Organic Dairy-free Probiotic Plain Coconut Kefir and Organic Dairy-free Probiotic Vanilla Coconut Kefir new, too!**

**three trees – Organic Unsweetened Pistachio Milk:** This nutmilk has a rich and buttery flavor. It's excellent over cereal or in chai tea, coffee or smoothies. You can also use it in baked goods, or with the addition of cocoa powder for a pistachio hot chocolate.

**Straus Family Creamery – Organic Chai Latte Ice Cream:** A delicious blend of traditional chai spices, ginger and sweet cream ice cream for a classic international flavor. **Organic Maple Cream Ice Cream and Organic Vanilla Fudge Ice Cream new, too!**

**Luna & Larry's – Organic Raspberry Acai in Chocolate Coconut Bliss Bar:** The flavor combination of juicy red raspberries mixed with the bold tartness of acai nestled within velvety organic, fair trade dark chocolate make this vegan frozen treat both exotic and blissful!

#### Health and Beauty

**Acure – Brightening Glow Lotion:** Brighten your day with a boost of refreshing citrus. Sweet orange, cloves and colloidal oatmeal leave your skin feeling super soft and extra-energized. **Everyday Eczema, Calming Itch & Irritation, and Seriously Soothing 24-Hour Moisture varieties new, too!**

**Aura Cacia – Organic Hydrating Hemp Seed Oil:** Cold-pressed from organic hemp seeds and containing omega-3 and omega-6, this skin care oil has one of the highest levels of linoleic fatty acids found in an oil today. **Moisturizing Fractionated Coconut Oil new, too!**

**Andalou Naturals – CannaCell Happy Day Cream:** A nourishing complex of proteins, nutrients, and minerals, rich in vitamins E, C, B1, B2, B3, B6, and the perfect ratio of 3:1 omega-3 and omega-6 fatty acids. **CannaCell Cleansing Foam and CannaCell Dreamy Night Cream new, too!**

## Body Care & Wellness

Honey Girl Organics - No Further Discount

### All Honey Girl Organics Products 20% Off

Includes Face & Eye Creme, Facial Cleanser, Facial Toner, Body Creme, Super Skin Food, Facial Scrub, and more!

AWSB - No Further Discount

### All AWSB Bar Soaps 20% Off

Black Willow, Yucca Root, Wildflower, Desert Sage, and Blue Agave.

Zatik

### All Zatik Shampoos & Conditioners 20% Off

Includes Jasmine & Wild Cherry, Coconut & Calendula, and more!

Natural Factors - No Further Discount

### All Natural Factors Products 25% Off

Organic 100% Fermented Greens, Deep Ocean Minerals, Men's Multivitamins, Women's Multivitamins, and more!

Renew Life - No Further Discount

### All Renew Life Products 20% Off

Includes cleansing formulas, enzyme formulas, and probiotic formulas.

Nutiva - Organic!

### Plant Protein Superfood Smoothie 21.9 oz.

Offers a smooth texture and clean flavor with no added sugar or stevia. Gluten-free and grain-free. **\$33.99** reg. 42.99

## Household & General Merchandise

If You Care

### Basket Coffee Filters 100 ct. **\$1.99** reg. 2.65

Made for 8 - 12 cup coffee makers. Unbleached, chlorine-free.

BioBag

### 3 Gallon Food Scrap Bags 25 ct. **\$4.19** reg. 5.19

Certified Compostable by the Biodegradable Products Institute.

Seventh Generation

### Dish Liquid 25 oz. **\$3.49** reg. 4.79

Powered by plants! Assorted varieties.

ChicoBag

### Compact Reusable Bag each **\$5.95** reg. 6.95

Decomposition Books by Michael Roger

### Spiral Bound College Ruled each **\$5.95** reg. 6.95

Made from 100% post consumer waste.

Maggie's Organics

### Organic Cotton Knee-Hi Socks **\$11.95** reg. 13.95

Love, Shine On patterns

**Deli/Bakery**

**Raw Marinated Mushrooms**

**\$7.49** per pound reg. 8.49

**Deli items feature Organic ingredients**

**Chocolate Chip Pecan Cookies**

**\$7.99** per pound reg. 8.49

**Bulk**

**Dixon Ridge Farms**

**Organic Shelled Walnuts**

**\$9.99** per pound

reg. 11.35 **You Save \$1.36**

**Shredded Coconut**

**\$2.99** per pound **Organic!**

reg. 3.35 **You Save .36**

**Whole Wheat Pastry Flour**

**89¢** per pound **Organic!**

reg. 1.09 **You Save .20**

**Whole Wheat Flour**

**99¢** per pound

reg. \$1.19 **You Save .20**

**Thompson Raisins**

**\$3.29** per pound **Organic!**

reg. 3.69 **You Save .40**

**Grocery**

**Clean Cause - Organic!**

**Sparkling Yerba Mate**

Assorted varieties

**\$2.15** 16 oz.

reg. 2.65 **You Save .50**

**Emerald Cove**

**Pacific Wakame**

Ready to use edible seaweed

**\$3.99** 1.76 oz.

reg. 5.49 **You Save \$1.50**

**Kettle**

**Organic Potato Chips**

Assorted varieties

**2 for \$5** 5 oz.

reg. 3.19 each **You Save .69 each**



**Muir Glen**

**Organic Pasta Sauce**

Assorted varieties

**2 for \$5** 25.5 oz.

reg. 3.99 each **You Save \$1.49 each**



**Montebello**

**Organic Pasta**

Assorted varieties

**2 for \$6** 16 oz.

reg. 3.99 each **You Save .99 each**



**Coconut Secret - Organic!**

**Coconut Aminos**

A soy sauce alternative

**\$8.99** 16.9 oz.

reg. 10.79 **You Save \$1.80**

**Perishables**

**Alden's**

**Organic Ice Cream**

All varieties

**\$6.49** 48 oz.

reg. 7.79 **You Save \$1.30**



**Cascadian Farm - Organic!**

**Berries & Peaches**

All berry varieties and peaches

**\$3.50** 8 - 10 oz.

reg. 4.59 **You Save \$1.09**



**GT'S**

**Cocoyo**

All varieties

**\$3.49** 8 oz.

reg. 3.79 **You Save .30**

**Living Coconut Yogurt!**



**Rebbl - Organic!**

**Elixirs & Protein Drinks**

All varieties

**\$3 - \$3.50** 12 oz.

reg. 3.99 - 5.59 **You Save .99 - \$2.09**

**Food for Life**

**Organic**

**Sprouted**

**Bread**

Assorted varieties

**\$4.49 - \$5.99**

reg. 5.49 - 7.29 24 oz. **You Save \$1 - \$1.30**



**Prices on Sales While Supplies Last**

# April 16 - 30

## coop deals

### Deli/Bakery

#### Mexican Chickpea Salad

**\$7.49** per pound reg. 8.49

**Deli items feature Organic ingredients**

#### Pineapple Upside Down Cake

**\$8.49** per pound reg. 8.99

### Bulk

#### Grain Millers

#### Organic Green Lentils

**\$1.99** per pound

reg. \$2.49 **You Save .50**

#### Garbanzo Beans

**\$1.99** per pound **Organic!**

reg. 2.65 **You Save .66**

#### Yellow Popcorn

**\$1.29** per pound **Organic!**

reg. 1.69 **You Save .40**

#### Multicolor Popcorn

**\$1.29** per pound **Organic!**

reg. 1.69 **You Save .40**

#### White Popcorn

**\$1.29** per pound **Organic!**

reg. 1.69 **You Save .40**

### Grocery

#### Nature's Path

#### Organic Sunrise Cereal

Assorted varieties

**\$3.29** 10.6 oz.

reg. 4.99 **You Save \$1.70**



#### Napa Valley

#### Organic Olive Oil

Extra Virgin

**\$9.99** 25.4 oz.

reg. \$13.99 **You Save \$4**



#### Imagine

#### Organic Broth

Assorted varieties

**2 for \$6** 32 oz.

reg. 3.89 each **You Save .89 each**

#### Annie's Homegrown

#### Organic Classic Crackers

Saltine, Cheddar, Buttery Rich

**2 for \$5** 6.5 oz.

reg. 3.55 each **You Save \$1.05 each**



#### Bare Fruit - Baked Crunchy!

#### Organic Apple Chips

Fuji, Cinnamon, Granny Smith

**\$3.99** 3 oz.

reg. 5.25 **You Save \$1.26**



#### R.W. Knudsen - Organic!

#### Very Veggie

Assorted varieties

**2 for \$5** 32 oz.

reg. 4.29 **You Save \$1.79**

### Perishables

#### Rumiano

#### Organic Cheese

Slices, Blocks - All varieties

**\$2.99 - \$3.99**

reg. 3.39 - 4.79 6 - 8 oz. **You Save .40 - .80**



#### Health-Ade

#### Organic Kombucha

Assorted varieties

**\$2.50** 16 oz.

reg. 4.99 **You Save \$2.49**



#### Organic Valley

#### Organic Eggs

Large, Extra Large

**\$2.99 - \$5.49**

reg. 3.19 - 5.89 1/2 dz. - 1 dz. **You Save .20 - .40**



#### Cascadian Farm

#### Organic Vegetables

Assorted varieties

**\$2 - \$3** 10 - 16 oz.

reg. 2.99 - 3.99 **You Save .99**



#### Brown Cow

#### Cream Top

#### Yogurt

All varieties

**75¢ - \$2.50**

reg. .99 - 3.59 5.3 - 32 oz. **You Save .24 - \$1.09**



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